Herb-Roasted Chicken with Fingerling Potatoes

We're putting a fresh spin on classic roast chicken this week. With fingerling potatoes, cremini mushrooms, fresh herb rub and hands-free white wine sauce, it's a sophisticated one-pan dinner we just love. (Did we mention it's just 10 minutes hands on?)

65 Minutes to the Table

10 Minutes Hands On

Whisk Super Easy

Getting Organized

EQUIPMENT Deep Casserole Dish or Roasting Pan

FROM YOUR PANTRY 1 Tbsp Flour Olive Oil Salt & Pepper

6 MEEZ CONTAINERS Chicken Thighs Fingerling Potatoes Mushrooms Red Onion Herbs & Garlic White Wine Squce

<u>Make The Meal Your Own</u>

Everything is better with bacon. Chef Max likes to dice slab bacon and add it to the roasting pan with the onions and mushrooms. The extra fat makes for decadent, flavorful vegetables.

Our cage-free chickens thrive on an all-natural diet. They are never fed growth hormones and receive no antibiotics in their feed, their water, through intramuscular injection, or even the egg...ever.

Good To Know

Health snapshot per serving – 690 Calories, 15g Fat, 54g Protein, 8g fiber, 75g Carbs, 18 Smart Points

Lightened Up per serving - 500 Calories, 12g Fat, 50g Protein, 41g Carbs, 12 Smart Points using $\frac{1}{2}$ the potatoes and wine sauce

Have questions? The dinner hotline is standing by from 5 to 8 pm at 773.916.6339.

INGREDIENTS: Cage-Free Chicken Thighs, Fingerling Potatoes, Cremini Mushrooms, White Wine, Red Onion, Capers, Heavy Cream, Garlic, Miso, Herbs and Spices



1. Getting Organized

Preheat your oven to 425 degrees.

2. Prep the Chicken and Potatoes

Pat the **Chicken Thighs** dry with a towel. If the chicken skin has bunched in places, pull it evenly over the chicken thighs so that it lays flat.

Cut the Fingerling Potatoes in half lengthwise.

3. Roast the Chicken

In a roasting pan or deep casserole dish, toss the chicken thighs, potatoes, **Mushrooms**, **Red Onion** and **Herbs & Garlic** with 2 Tbsp olive oil, ½ tsp salt and ¼ tsp pepper. Arrange the vegetables on the bottom of the pan and set the chicken thighs on top. Roast until the chicken skin is beginning to brown and crisp, about 40 to 45 minutes.

4. Finish the Sauce

Remove from the oven and sprinkle 1 Tbsp flour over everything. Return to the oven for 5 minutes. Remove again, toss well and add the *White Wine Sauce* to the pan. Stir well to incorporate.

Return the pan to the oven and cook until the chicken is brown and crispy and the sauce is thick and bubbling, about 8 to 10 minutes.

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This step ensures that the chicken skin gets nice and crispy.

When you stir the sauce, mix in any dry pockets of flour.

Instructions for two servings. Meez Meals * 1459 N. Elmwood Avenue * Evanston * Illinois