

Bangkok Basil Crunch Salad

A Thai-inspired basil crunch gives Asian veggies and organic tofu a flair we can't resist. It's a toss & serve meal made with plenty of fresh basil, ginger and ground peanuts that's unusual and totally delicious. Thinking about bringing it to the office? No cooking is required, so it's a great choice for home or on the go.

5 *Minutes to the Table*

5 *Minutes Hands On*

1 Whisk *Super Easy*

Getting Organized

EQUIPMENT

Large Mixing Bowl

FROM YOUR PANTRY

Salt & Pepper

4 MEEZ CONTAINERS

Asian Veggies

Organic Tofu

Bangkok Basil Dressing

Peanuts

Good to Know

Health snapshot per serving – 510 Calories, 33g Protein, 29g Carbs, 31g Fat, 8 Freestyle Points.

Have questions? The dinner hotline is standing by from 5 to 8 pm at 773.916.6339.

INGREDIENTS: Organic Tofu, Cabbage, Carrots, Sugar Snap Peas, Peanuts, Vegetable Oil, Rice Wine Vinegar, Tamari, Brown Sugar, Basil, Ginger, Sesame Oil, Garlic.

meez *meals*

1. Put It All Together

Put the **Asian Veggies** into a large mixing bowl with the **Organic Tofu** and **Bangkok Basil Dressing**. Add salt and pepper to taste. Serve topped with the **Peanuts**.

2. Enjoy

Instructions for two servings.

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